



PATIENT LEAFLET

HYDROQUINONE 5% CREAM (20GRAMS)

Read all of this leaflet carefully before you start using this medicine because it contains important information for you.

- Keep this leaflet. Maybe you might need it later on.
- Do you have any questions? Please contact your doctor or pharmacist.
- Do not pass this medicine on to others, as it has been prescribed for you alone. It can be harmful to others, even if they have the same complaints as you.
- Do any of the side effects listed in section 4 become very bothersome to you? Or do you get a side effect that is not listed in this leaflet? Please contact your doctor or pharmacist.

Contents of this leaflet

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1. What is this medicine used for?

This medicine is used to treat increased pigmentation of the skin (hyperpigmentation). Hyperpigmentation causes irregular brown spots on the skin, often on the face.

Hydroquinone counteracts the formation of pigment in the skin, making the skin paler.

It may take up to 4 to 8 weeks for the effect of this medicine to be visible and for the skin to become paler.

2. What you need to know before you use this medicine

When should you not use this medicine?

- If you are allergic or hypersensitive to hydroquinone or any of the other ingredients of this medicine. You can find these substances under point 6.
- If your skin is broken, very dry, irritated or burned where you need to apply this medicine.



Are you taking any other medicines?

In addition to HYDROQUINONE 5% cream, are you taking any other medicines or have you done so recently? Then tell your doctor or pharmacist. This also applies to medicines that you can buy without a prescription.

This medicine has no known significant interactions with other medicines.

Only use other medicines on the same areas to be treated after consulting your doctor or pharmacist.

Pregnancy, breastfeeding and fertility

You should not use this medicine if you are pregnant or breastfeeding. Are you pregnant, do you think you are pregnant, do you want to become pregnant or are you breastfeeding? Talk to your doctor or pharmacist before taking this medicine.

3. How to use this medicine

Always use this medicine exactly as your doctor or pharmacist has told you. Are you unsure about the correct use? Please contact your doctor or pharmacist.

The usual dose is:

Apply 1 or 2 times a day.

Way of use:

- First clean the skin. Then let the skin dry well, this will reduce the risk of irritation of the skin by the cream.
- Apply the cream thinly to the dark-colored areas of the skin.
- If you need to apply the cream twice a day, do so in the morning and evening.
- Make sure that the cream does not get into the eyes, nose, mouth or wound, because this causes irritation. If the cream accidentally ends up in this, rinse immediately with plenty of water.
- Wash your hands after applying the cream.

When exposed to sunlight, always use a sunscreen with a high protection factor. Sunlight can exacerbate pigmentation.

If you use more of this medicine than you should

If you have applied too much HYDROQUINONE 5% cream, you can wipe off the excess.

If you forget to take this medicine

If you forget to take a dose, you should do so as soon as possible. However, if it is almost time for the next dose, skip the missed dose and continue with your regular dosing schedule.



If you stop taking this medicine

Always talk to your doctor if you want to stop taking this medicine earlier than what the doctor has told you.

Do you have any other questions about the use of this medicine? Please contact your doctor or pharmacist.

4. Possible side effects

Like all medicines, this medicine can cause side effects, although not everyone gets them.

Side effects that may occur are:

- stinging, burning and irritation of the skin, especially at the beginning of the treatment.
- blotchy discoloration of the skin or excessive bleaching, especially with prolonged use. This may be permanent, see your doctor if you experience this.
- black or blue discoloration of the skin; this can occur when this medicine is used for a long time and in high concentration.
- allergic reaction, such as skin rash, hives and itching.

Do you suffer from any of the side effects? Or do you get a side effect that is not listed in this leaflet? Please contact your doctor or pharmacist.

5. How to store this medicine

Keep out of the sight and reach of children. The storage conditions are stated on the packaging.

Do not use this medicine after the expiry date. It can be found on the packaging. Also pay attention to the shelf life after opening.

Do not flush leftover medicines down the sink or toilet and do not throw them in the rubbish bin. Ask your pharmacist how to throw away medicine

6. Package contents and other information

What ingredients are in this medicine?

- The active substance in this medicine is Hydroquinone.
- The other ingredients are cetostearyl alcohol, decyl oleate, glycerol, sodium cetearyl sulfate, sodium edetate, sodium lauryl sulfate, sodium metabisulphite, sorbitol and purified water.



What does this medicine look like and contents of the pack?

HYDROQUINONE 5% cream is a white cream and contains 50mg of Hydroquinone per gram of cream respectively.

The cream is packed per 20 grams in a Luxury plastic pp black matte 15ml lotion airless pump bottle for skin care packaging.

Manufacturer:

Orange Grove Pharmacy

Orange Grove Shopping Center 18

Sint Maarten

For any information about this medicine, please contact your pharmacy.

This leaflet was last approved in June 2023.